

**Are you customers inquiring about what's in your food?
Analyze your recipe using Axxya Systems team of Registered Dietitians**

Restaurant Logo	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vit A (% DV)	Vit C (% DV)	Calcium (% DV)	Iron (% DV)
Chicken Fried Steak	85	266	153	17	5	0	66	273	6	0.25	1.9	19	0	0	2	16
Hamburger Plate	244	573	387	43	32	0	68	1019	43	2.4	9.1	25	6	11	14	25
Pasta and Bean Skillet	492	539	126	14	1.8	0	0	1758	87	15	9	20	50	133	13	34
Chef Salad	163	133	72	8	4	0	70	371	2	1.3	4	13	11	14	12	5
Steak Dinner	326	340	135	15	6	0	30	920	35	6	12	16	100	10	8	15
Pork Chop Special	85	191	81	9	3	0	66	329	0	0	0	24	0	1	2	4
Beef Enchiladas	340	490	162	18	8	0	30	1250	66	10	4	17	35	15	20	25
Potato Salad	125	178	90	10	11	0	30	245	34	11	34	43	11	25	11	25
Dirty Rice	167	157	216	24	2	0	85	661	14	2	1	3	4	21	2	5
Steamed Veggies	102	30	0	0	0	0	0	135	6	2	2	2	35	30	4	2
Pasta Salad	75	110	45	5	1	0	13	84	14	2	2	3	21	9	2	4
Garlic Bread	26	94	36	4	1	0	0	174	13	1	0	2	3	0	2	4
Black Bean Soup	128	116	18	2	1	0	0	1246	19	8	1	6	11	0	4	11
Cajun Gumbo	406	249	18	2	1	0	0	291	49	5	2	10	14	6	5	15
Caesar Salad	108	168	126	14	2	0	40	254	7	2	1	5	38	32	9	7
Dinner Salad	169	35	0	0	0	0	0	20	8	2	3	2	120	45	4	6
Greek Salad	105	105	63	7	3	0	118	409	3	1	2	7	18	9	12	6
Strawberry Cheesecake	120	385	243	27	12	0	66	248	30	0.5	23	7	13	1	6	4
Brownie	41	172	63	7	2	0	30	102	23	1	14	3	1	0	1	10
Ice Cream	72	144	72	8	5	0	31	57	17	0.5	15	3	6	1	9	0
Soft Drink	240	1	0	0	0	0	0	28	0	0	1	0	0	0	0	0
Tea	240	90	0	0	0	0	0	5	21	0	21	0	0	0	0	0
Coffee	237	3	0	0	0	0	0	5	0	0	0	0	0	0	0	0

Nutritional information is provided by Registered Dietitians at Axxya Systems using their nutrition analysis software Nutritionist Pro™. The nutrition information listed here is based on standard recipes and product formulations, however slight variations may occur due to seasonality, use of an alternate supplier, region of the country and/or minor differences in product assembly.

Information is not to be used by individuals with special dietary needs in lieu of professional medical advice. If you have dietary restrictions please consult your physician.